



AUDITORS REPORT

The Board of Trustees
Human Efforts for Love and Peace Foundation
(HELP Foundation) J&K Srinagar

We have audited the attached Balance Sheet of **"HELP FOUNDATION"** as at **31st March, 2013** & also the attached Income & Expenditure and Receipts & Payments Account for the year ended on that date annexed thereto. These financial statements are the responsibility of the Trust committee (Management). Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in India. Those Standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

1. We have obtained all the information and explanation which to the best of our knowledge & belief, were necessary for the purpose of the audit.
2. In our opinion, proper books of accounts as required by the Law for the time being in force and Rules there under and Bye-Laws of the Trust have been kept by the trust which give all information required by the Law and in the manner so required.

BISMAJ & Co.

CHARTERED ACCOUNTANTS

CONTACT: (Mob): 9419024733, 9697494694, 9596186900, (Tel) 0194-2477813
TELE-FAX: 0194-2477813
email: caiqbal2@gmail.com



3. The Balance Sheet and the Income and Expenditure Account dealt with by this report are in agreement with the Books of Accounts of the trust.

4. In our opinion and to the best of our information and according to explanation given to us, the said accounts give all the information as required by the Law for the time being in force and Rules therein in the manner so required and give a true and fair view :

- i) In the case of Balance Sheet of the state of affairs of the Trust as at **31st March, 2013**.
- ii) In the case of Income and Expenditure Account of the excess of Expenditure over Income of the Trust for the year ended on that date.

For: BISMAJ & CO

Chartered Accountants

F. R. No. 002489N

CA Mohd Iqbal Untoo

(Partner)

M. No. 514200

Place: -Srinagar

Date: - 28.09.2013



FORM NO. 10B

[See rule 17B]

Audit report under section 12A(b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions

We have examined the balance sheet of HELP FOUNDATION J&K SRINAGAR , AAATH0572L [name and PAN of the trust or institution] as at 31/03/2013 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust or institution.

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the abovenamed trust visited by us so far as appears from our examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by us , subject to the comments given below:

In our opinion and to the best of our information, and according to information given to us , the said accounts give a true and fair view-

(i) in the case of the balance sheet, of the state of affairs of the above named trust as at 31/03/2013 and

(ii) in the case of the profit and loss account, of the profit or loss of its accounting year ending on 31/03/2013

The prescribed particulars are annexed hereto.

Place srinagar
Date 30/09/2013

Name

MOHD IQBAL UNT
OO

Membership Number

514200

FRN (Firm Registration Number)

002489N

Address

SHAH COMPLEX KA
RAN NAGAR OPP. M
EDICARE DIAGNOS
TIC CENTRE SRINA
GAR KASHMIR

ANNEXURE

Statement of particulars

I. APPLICATION OF INCOME FOR CHARITABLE OR RELIGIOUS PURPOSES

1.	Amount of income of the previous year applied to charitable or religious purposes in India during that year (₹)	15644005
2.	Whether the <u>trust</u> has exercised the option under clause (2) of the Explanation to section 11(1) ? If so, the details of the amount of income deemed to have been applied to charitable or religious purposes in India during the previous year (₹)	No
3.	Amount of income <u>accumulated or set apart</u> for application to charitable or religious purposes, to the extent it does not exceed 15 per cent of the income derived from property held under trust <u>wholly</u> for such purposes. (₹)	No
4.	Amount of income eligible for exemption under section 11(1)(c) (Give details)	No
5.	Amount of income, in addition to the amount referred to in item 3 above, accumulated or set apart for specified purposes under section 11(2) (₹)	0
6.	Whether the amount of income mentioned in item 5 above has been invested or deposited in the manner laid down in section 11(2)(b) ? If so, the details thereof.	No
7.	Whether any part of the income in respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to be income of the previous year under section 11(1B) ? If so, the details thereof (₹)	No
8.	Whether, during the previous year, any part of income accumulated or set apart for specified purposes under section 11(2) in any earlier year-	
(a)	has been applied for purposes other than charitable or religious purposes or has ceased to be accumulated or set apart for application thereto, or	No
(b)	has ceased to remain invested in any security referred to in section 11(2)(b)(i) or deposited in any account	No

HELP FOUNDATION J&K SRINAGAR, KASHMIR
#50 TULSI BAGH, SRINAGAR KASHMIR
BALANCE SHEET As On 31-03-2013

S.No	Liabilities	Schedule	Amount	S.No	Assets	Schedule	Amount
1	Secured Loan	A	12,56,141.00	1	Fixed Assets	E	1,32,71,588.63
2	General Reserves	B	71,62,568.74	2	Cash & Bank Balances	F	20,49,642.77
3	Current Liabilities	C	25,52,833.91	3	Term Deposits	G	6,559.85
4	Capital Reserve	D	56,00,883.00	4	Imprest Balance	H	7,292.00
				5	Loans & Advances	I	21,605.00
				6	Rehabilitation Loan	J	900.00
				7	Education Loan	K	4,28,868.00
				8	Receivables out of Projects	L	7,82,970.40
				9	Telephone Security		3,000.00

1,65,72,426.65

1,65,72,426.65

[Signature]
Treasurer

Nighat Shah
Chair Person

[Signature]
Accounts Officer

DATE:

PLACE: Srinagar



HELP FOUNDATION J&K
#50 TULSI BAGH, SRINAGAR KASHMIR
INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2013

S.No	EXPENDITURE	AMOUNT	S.No	INCOME	AMOUNT
A	Assistance		A.	DONATION	
1	Education Aid Regular	2,09,300.00	1	Sponsored Donation	12,96,796.29
2	General Aid Regular	2,45,381.00	2	General Donation	29,83,490.00
3	Marriage Aid Regular	59,260.00	3	Donation for Library	53,200.00
4	One Time Education Assistance	22,660.00	4	Donation for Maryam Polyclinic	9,30,600.00
5	One time General Aid	10,800.00			52,64,086.29
6	Sponsorship for Hr. Education	5,53,470.00		Other Receipts	
					11,00,871.00
B	Central Office		5	Bank Interest	48,228.22
1	Advertisement & Publicity	95,188.00	6	Seminars & Workshops	40,245.00
2	Carriage	1,600.00	7	Misc. Income	13,229.00
3	Electricity Fee	24,152.00			1,01,702.22
4	Vermi Compos	4,590.00			
5	Office Maintenance	1,30,588.00	B	Projects	
6	Staff Welfare	10,500.00	1	Childline India	8,16,116.00*
7	Misc. Expenses	781.00	2	Muslim Aid Qurbani	57,002.00*
8	Office Exp.	7,130.00	3	Muslim Aid Ramzaan	1,29,930.00*
9	Postage & Telegram	1,167.00	4	ICNA Ramzaan	1,37,250.00*
10	Printing & Stationery	47,195.00	5	Qurbani Domestic	72,421.00
11	Rent (Central Office)	2,40,000.00	6	Save the Children (IPAP)	11,22,420.00*
12	Rent (Sadia Kadal Office)	42,000.00	7	SAM School (Kupwara)	15,65,995.00
13	Salary for Staff	7,05,416.00	8	Widow Survey	5,00,000.00
14	Empowerment of Women	1,38,755.00	9	SCRC Kupwara	34,01,366.00
15	Rent (Kupwara Sub-Office)	31,500.00	10	Formation of WSHG's (NABARD)	1,00,000.00*
16	TDS (Tax Deducted at Source) 182	2,188.00	11	ICNA Canada (Sponsorship)	12,17,700.00*
17	Telephone	24,834.00			91,20,200.00
18	Consultancy Fee	30,000.00		Deficit (Excess of Expenditure over Income)	11,58,016.47
19	Audit Fee	5,000.00			
20	Hospitality & Protocol	4,603.00			
21	Travelling	31,478.00			



22	R&M of Van	18,570.00
23	Petrol for Van	81,586.00
24	Gas Refilling	5,245.00
25	Depreciation	52,063.09
26	Water Fee	1,720.00
27	Seminars & Workshops	78,587.00
28	Projects & Surveys	5,077.00
29	Bank Charges	3,637.60
		18,25,150.69

C Save the Children (IPAP)

1	Rent	24,000.00
2	Boarding & Lodging	36,000.00
3	Printing, Stationery & Insurance Charges	8,500.00
4	Electricity, Power & Water	6,000.00
5	Community Organiser (Partner)	1,68,000.00
6	Audit Fee	15,000.00
7	Project Coordinators (Partner)	1,92,000.00

8 Awareness Generation Initiatives related to targeted families & communities to combat Social Exclusion

1,10,135.00

9 Organise Training Workshops on "Child Right focussing on exclusion" at State/District Level for duty bearers (VEC, CPC, Health care providers, Teachers, ICDS functionaries & PRI members);

1,05,080.00

10 Formation and Consolidation of Children Groups by involving excluded Children

48,625.00



11	Identification & Capacity Building of Community Members amongst Socially excluded sections to facilitate awareness and access to various Government Schemes	63,065.00
12	Case Studies on Positive Action addressing exclusion and stories highlighting issues of exclusion from each project district documented and dissemination	50,000.00
13	Develop Compendium of good practices to address social exclusion and children participation with focus on excluded children	1,87,315.00
14	Facilitate interaction between children's organisations & structures of local Governance & Duty bearers at district, state and national level and form task force;	89,900.00
15	Train Children to generate IEC material, for dissemination through electronic & print media	18,800.00
		11,22,420.00

D CHILDLINE INDIA

1	Awareness Material	35,828.00
2	Postage & Telephone	12,311.00
3	Travelling & Conveyance	23,963.00
4	Printing & Stationery	6,778.00
5	Internet Connection	4,600.00
6	Misc. Expenditure	9,729.00
7	Medical	2,490.00
8	Nutrition	6,960.00
9	Training & Orientation	3,790.00



10	Computer Maintenance	5,850.00
11	Staff Salary	5,49,866.00
12	Audit Fee	6,500.00
13	N.I.C.P Workshop	8,750.00
14	T.A. To Project Director	7,239.00
15	Bank Charges	132.60
16	Depreciation	9,270.00
		6,94,056.60

**Shehjaar Community Resource
E Center**

1	Advertisement Publicity	1,500.00
2	Boarding and Lodging	22,910.00
3	Food Processing Material	3,959.00
4	Fuel for Gen.Set	24,520.00
5	Material for Stching	6,106.00
6	Feeding Exp. at SCRC Kupwara	90,631.00
7	Office Exp	29,270.00
8	R/M SCRC Kupwara (Centre)	4,800.00
9	Office Maintenance	1,539.00
10	Printing & Stationery	22,857.00
11	Refreshment	13,864.00
12	Rent for SCRC Kupwara	2,20,500.00
13	Solar Unit Expenses	17,376.00
14	Stipend	4,49,292.00
15	Telephone & Internet	16,010.00
16	Travelling Exp.	2,13,810.00
17	Carriage for Diesel	240.00
18	Electricity Fee	30,690.00
19	Gas Refill Exp.	3,150.00
20	Misc Expenses	2,099.00
21	Postage & Courier	345.00
22	Salary to SCRC Employees	6,97,200.00
	Expenses on a/c of Purchases	
23	for Exhibition	4,58,500.00
24	Audit Fee	5,000.00
		23,36,168.00

Indirect Expenses

25	Exibition Expenses	5,13,741.00
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26	Suraj Kund Exhibition Exp.	31,184.00
27	Bank Charges	1,389.40
28	Vermi Compost SCRC	5,500.00
29	Depreciation	1,42,196.25
		6,94,010.65

F Marayam Poly Clinic & Wellness Center

1	Salary for the Staff	6,37,799.00
2	Medicines on Account of Aid	1,05,980.00
3	Medical Aid Regular	93,500.00
4	One Time Medical Aid	65,200.00
5	Travelling	4,668.00
6	Inagural Function (MWC)	25,712.00
7	Office Expenses	41,990.00
8	Rent for MWC	1,30,000.00
9	Advertisement & Publicity MWC	60,874.00
10	Carriage	5,950.00
11	Electricity Fee	475.00
12	Newspaper & Periodicals	230.00
13	Printing & Stationery	2,415.00
14	Bank Charges	314.72
15	Depreciation	6,212.60
		11,81,320.32

G Shehjaar Liabary

1	Salary	78,000.00
2	Newspaper & Periodicals	2,120.00
3	Heating & Lighting Expenses	4,900.00
4	Rennovation Expenses	10,778.00
5	Depriciation	3,361.08
		99,159.08

H WIDOW SURVEY

1	Travelling Expenses	1,14,680.00
2	Mess Expenses	32,991.00
3	Communication	450.00
4	Salary	1,22,500.00
5	Printing & Stationery	2,755.00
		2,73,376.00



I FORMATION OF WSHG's (NABARD)

1	Refreshment	320.00
2	Printing & Stationery	670.00
3	Travelling Expenses	16,700.00
4	Bank Charges	221.00
		17,911.00

J PROJECTS

1	QURBANI DOMESTIC	64,833.00
2	MUSLIM AID QURBANI	57,002.00
3	MUSLIM AID RAMZAN	1,29,930.00
4	ICNA RAMZAAN	1,37,250.00
		3,89,015.00

K SHEHJAAR HOME

1	Personel Care	51,153.00
2	Carriage	600.00
3	Education Expenses	2,25,482.00
4	Electricity Fee	42,452.00
5	Recreation	400.00
6	Travelling Expenses	26,746.00
7	Insurance	8,350.00
8	Maintainance of Complex	25,746.00
9	Feeding exp.	4,26,280.00
10	Misc. Expenses	300.00
11	Watch & Ward	41,806.00
12	Newspaper & Perdiocals	1,810.00
13	Salary	2,43,848.00
14	Bank Charges	10.00
15	Depreciation	3,85,281.32
		14,80,264.32

L SHAH ANWAR MEMORIAL SCHOOL

1	Hire Charges of Bus	2,50,597.00
2	R/m of Kupwara Buses	4,00,301.00
3	Bosc Reg. Fee	8,140.00
4	Carriage Charges	2,800.00
5	Printing & Stationery	81,520.00

6	Refreshment Expenses	7,069.00
7	Salary	19,72,206.00
8	Watch & Ward of <i>Bldg</i>	16,664.00
9	School Maintenance	5,171.00
10	Travelling SAM School	5,315.00
11	Office Expenses	14,467.00
12	Interest on Bus Loan	1,16,640.00
13	Depreciation	5,06,297.12
		33,87,187.12

**M Project Pragaash (Sir Dorabji
Tata Trust) SDTT**

1	Salary to 8 Teachers	1,14,375.00
2	Honourarium to 2 bus drivers	17,600.00
3	Honourarium to Project Coordinator	25,000.00
4	Honourarium to Accountant	13,750.00
5	Honourarium to Computer Instructor	13,750.00
6	Uniform To Orphans	1,17,964.00
7	Cost of Books	2,50,500.00
8	Honourarium to Librarian	28,875.00
9	Annual Audit of Accounts	30,000.00
10	Impact Study & Cost of Publication	1,29,900.00
11	Honourarium to Tailoring & Craft Instructor	47,250.00
12	One Time Grant for Distitutes/ Widows	49,300.00
13	Feed for Sheep/Poultry	50,000.00
14	Bank Charges	44.20
15	Depreciation	1,54,787.00
		10,43,095.20

1,56,44,004.98

Treasurer

Accounts Officer

DATE:

PLACE: Srinagar

1,56,44,004.98

Chair Person

Neghar Chap



HELP FOUNDATION J&K
#50 TULSI BAGH, SRINAGAR KASHMIR
RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2013

S.No	RECEIPTS	AMOUNT	S.No	PAYMENTS	AMOUNT
A	Opening Balances		A. Assistance		
	(As on 01-04-2012)				
A1	Cash In Hand		1	Education Aid Regular	2,09,300.00
1	FDR	75,145.00	2	General Aid Regular	2,45,381.00
2	Imprest A/c	6,559.85	3	Marriage Aid Regular	59,260.00
		20,201.00	4	One Time Education Assistance	22,660.00
			5	One time General Aid	10,800.00
A2	Balance at Banks		6	Sponsorship for Hr. Education	5,53,470.00
1	JKB Khanyar CD 2465	7,938.40			11,00,871.00
2	JKB R.R CD-6228	15,04,719.18	B. Central Office		
3	JKB Lalmandi SB-13064	29,944.00	1	Advertisement & Publicity	95,188.00
4	JKB Barzulla SB-13260	1,40,018.00	2	Carriage	1,600.00
5	JKB Solina SB 10236	2,850.40	3	Electricity Fee	24,152.00
6	JKB Res.Road SB-52172	54,389.40	4	Vermi Compost	4,590.00
7	JKB Khanyar SB-15877	2,40,497.63	5	Office Maintenance	1,30,588.00
8	JKB Khanyar SB-19904	1,40,956.11	6	Staff Welfare	10,500.00
9	JKB Gandhi Nagar SB-21287	2,604.80	7	Misc. Expenses	781.00
10	JKB R.Road SB-27687	82,553.80	8	Office Exp.	7,130.00
11	JKB Kupwara SB-30926	7,705.00	9	Postage & Telegram	1,167.00
12	JKB New Delhi SB-429	85,365.74	10	Printing & Stationery	47,195.00
13	JKB Res. Road SB-51742	7,96,101.00	11	Rent (Central Office)	1,60,000.00
			12	Rent (Saida Kadal Office)	42,000.00
			13	Salary for Staff	7,32,526.00
			14	Empowerment of Women	1,38,755.00
			15	Rent (Kupwara Sub-Office)	31,500.00
			16	TDS (Tax Deducted at Source)18277	2,188.00
			17	Telephone	24,834.00
			18	Consultancy Fee	30,000.00
			19	Audit Fee	5,000.00
			20	Hospitality & Protocol	4,603.00
B	DONATION				
1	Sponsored Donation	12,96,796.29			
2	General Donation	29,83,490.00			
3	Donation for library	53,200.00			
4	Donation for Maryam Polyclinic	9,30,600.00			

3	Printing, Stationery & Insurance Charges	8,500.00
4	Electricity, Power & Water	6,000.00
5	Community Organiser (Partner)	1,68,000.00
6	Project Coordinators (Partner)	1,92,000.00
7	Awareness Generation Initiatives related to targeted families & communities to combat Social Exclusion	1,10,135.00
8	Organise Training Workshops on "Child Right focussing on exclusion" at State/District Level for duty bearers (VEC, CPC, Health care providers, Teachers, ICDS functionaries & PRI members);	1,05,080.00
9	Formation and Consolidation of Children Groups by involving excluded Children	48,625.00
10	Identification & Capacity Building of Community Members amongst Socially excluded sections to facilitate awareness and access to various Government Schemes	63,065.00
11	Develop Compendium of good practices to address social exclusion and children participation with focus on excluded children	1,87,315.00
12	Facilitate interaction between children's organisations & structures of local Governance & Duty bearers at district, state and national level and form task force;	89,900.00
13	Train Children to generate IEC material, for dissemination through electronic & print media	18,800.00
		10,57,420.00

F Shehjaar Community Resource Center

1	Advertisement Publicity	1,500.00
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2	Boarding and Lodging	22,910.00
3	Food Processing Material	2,359.00
4	Fuel for Gen. Set	24,520.00
5	Material for Stitching	4,601.00
6	Feeding Expenses	82,237.00
7	Office Exp	29,270.00
8	R/M SCRC Kupwara (Centre)	2,700.00
9	Office Maintenance	1,539.00
10	Printing & Stationery	22,857.00
11	Refreshment	13,864.00
12	Rent for SCRC Kupwara	1,98,000.00
13	Solar Unit Expenses	17,376.00
14	Stipend	3,67,702.00
15	Telephone & Internet	16,010.00
16	Travelling Exp.	2,09,162.00
17	Carriage for Diesel	240.00
18	Electricity Fee	30,590.00
19	Gas Refill Exp.	3,150.00
20	Misc Expenses	2,099.00
21	Postage & Courier	345.00
22	Salary to SCRC Employees	6,25,000.00
23	Expenses on a/c of Purchases for Exh.	2,31,500.00
Indirect Expenses		19,09,631.00

24	Exhibition Expenses	5,13,741.00
25	TDS	4,648.00
26	Vermi Compost SCRC	5,500.00
Purchase of Fixed Assets		5,23,889.00

27	Bedding for SCRC Kupwara	28,000.00
28	Computer & Ass.	80,990.00
29	Cooking Range	35,537.00
30	Fittings	1,23,279.00
31	Furniture & Fixture	2,01,638.00
32	Gen Set	3,10,000.00
	Transformer 20kva	40,000.00
33		
34	Balance Scale	3,200.00
		8,22,644.00



Marayam Poly Clinic & Wellness

G Center

1	Salary for the Staff	5,90,999.00
2	Purchase of Medicines	1,05,980.00
3	Medical Aid Regular	93,500.00
4	One Time Medical Aid	65,200.00
5	Travelling	4,668.00
6	Inagural Function (MWC)	25,712.00
7	Office Expenses	41,990.00
8	Rent for MWC	1,30,000.00
9	Advertisement & Publicity MWC	60,874.00
10	Carriage	5,950.00
11	Electricity Fee	475.00
12	Newspaper & Periodicals	230.00
13	Printing & Stationery	2,415.00
14	Furniture & Fixture	47,534.00
15	Gyser	9,728.00
		11,85,255.00

H Shehjaar Liabary

1	Salary	76,000.00
2	Newspaper & Periodicals	2,120.00
3	Heating & Lighting expenses	4,900.00
4	Renovation Expenses	10,778.00
		93,798.00

I WIDOW SURVEY

1	Travelling Expenses	1,14,680.00
2	Tds Payment on Above	2,820.00
3	Feeding Expenses	32,991.00
4	Communication	450.00
5	Salary	1,22,500.00
6	Printing & Stationery	2,755.00
		2,76,196.00

J NABARD

1	Refreshment	320.00
2	Printing & Stationery	670.00
3	Travelling Expenses	16,700.00
		17,690.00



K PROJECTS

1	Qurbani Expenses	64,833.00
2	MUSLIM AID QURBANI	57,002.00
3	MUSLIM AID RAMZAN	1,29,930.00
4	ICNA RAMZAAN	1,37,250.00
		3,89,015.00

L SHEHJAAR HOME

1	Personel Care	51,153.00
2	Carriage	600.00
3	Education	2,25,482.00
4	Electricity Fee	42,452.00
5	Recreation	400.00
6	Travelling Expenses	26,746.00
7	Insurance	8,350.00
8	Maintenance of Complex	25,746.00
9	Feeding Exp.	4,26,280.00
10	Misc. Expenses	300.00
11	Watch & Ward of Building	41,806.00
12	Newspaper & Perdiocals	1,810.00
13	Salary	2,63,633.00
14	Furniture & Fixture	6,527.00
		11,21,285.00

M SHAH ANWAR MEMORIAL SCHOOL

1	Hire Charges of Bus	2,50,597.00
2	R/m of Kupwara Buses	4,00,301.00
3	Bose Reg. Fee	8,140.00
4	Carriage Charges	2,800.00
5	Printing & Stationery	81,520.00
6	Refreshment Expenses	7,069.00
7	Salary	16,16,942.00
8	School Maintenance	5,171.00
9	Travelling SAM School	5,315.00
10	Repayment of Loan (Bus)	3,10,499.00
11	Office Expenses	14,467.00
12	Watch & Ward of Building	16,664.00
		27,19,485.00

Purchase of Fixed Assets

13	Cost of Bus	19,48,336.00
14	Furniture & Fixture	78,860.00
15	Construction	31,521.00
		20,58,717.00

Project Pragaash (Sir Dorabji Tata Trust) SDDT

1	Salary to 8 Teachers	1,14,375.00
2	Honourarium to 2 bus drivers	17,600.00
3	Honourarium to Project Coordinator	25,000.00
4	Honourarium to Accountant	13,750.00
5	Honourarium to Computer Instructor	13,750.00
6	Uniform To Orphans	74,664.00
7	Cost of Books	1,50,000.00
8	Honourarium to Librarian	28,875.00
9	Annual Audit of Accounts	30,000.00
10	Impact Study & Cost of Publication	1,29,900.00
11	Honourarium to Tailoring & Craft Instruc	47,250.00
12	One Time Grant for Distitutes/ Widows	49,300.00
13	Feed for Sheep/Poultry	50,000.00
		7,44,464.00

O LOANS & ADVANCE

1	Education Loan	38,000.00
2	Temp.Advance to Staff	69,000.00
		1,07,000.00

P1 CLOSING BALANCES

1	Cash at Central Office	26,160.00
2	Cash at Kupwara Office	306.00
3	Cash at Childline	2,143.00
4	Cash at Save the Children	25.00
5	Cash at S.D.T.T	1,844.00
6	FDR	6,559.85
7	Imprest	7,292.00
		44,329.85

P2 Balance at Banks

1	JKB R.R SB-27687	20,593.00
---	------------------	-----------

2,10,787.40
8,61,084.07
46,624.63
1,83,339.11
7,938.40
1,08,199.00
2,710.80
33,954.22
7,705.00
69,776.74
1,34,979.60
86,539.00
46,612.00
1,44,722.80
45,923.00
7,676.00

2	JKB R.R SB-57172
3	JKB R.R CD-6228
4	JKB Khanyar SB-15877
5	JKB Khanyar SB-19904
6	JKB Khanyar CD-2465
7	JKB Barzulla SB-13260
8	JKB Gandhi Nagar SB-21287
9	JKB Lal Mandi SB-13064
10	JKB Kupwara SB-30926
11	JKB New Delhi SB-429
12	JKB Solina SB-11050
13	JKB Solina SB-11362
14	JKB Solina SB-10236
15	JKB Res. Road SB-51742
16	JKB KUPWARA SB-35811
17	JKB KUPWARA SB-30299

1,86,82,849.82

1,86,82,849.82

[Signature]
Treasurer

[Signature]
Chair Person

[Signature]
Accounts Officer

DATE :
PLACE: Srinagar



HELP FOUNDATION J&K
#50 TULSI BAGH, SRINAGAR KASHMIR

SCHEDULE "A"

Bank Loan as on 31.03.2013

Particulars	Amount
Opening Balance as on 01-04-2012	-
Add:- Addition made during the year	14,50,000.00
Less :- Repayment of Loan	3,10,499.00
Add :- Interest	1,16,640.00
Balance left	12,56,141.00

HELP FOUNDATION J&K
#50 TULSI BAGH, SRINAGAR KASHMIR

SCHEDULE "B"

General Reserve as on 31.03.2013

Particulars	Amount
Opening Balance as on 01-04-2012	83,20,585.21
Less: Excess of Expenditure over Income	11,58,016.47
Total:-	71,62,568.74

DATE :
PLACE: Srinagar



HELP FOUNDATION J&K
#50 TULSI BAGH, SRINAGAR KASHMIR

SCHEDULE "C"

Specific Current Liabilities as on 31.03.2013

Particulars	Amount
I.C.N.A(Islamic Circle of North America)	4,24,197.00
Salary Payable (Central Office)	43,490.00
Shehjaar Home (Salary Payable)	2,384.00
Shehjaar Library (Salary Payable)	3,000.00
Maryam Poly Clinic(Salary Payable)	83,600.00
SAM School Kupwara(Salary Payable)	3,55,264.00
Audit Fee Payable (Central Office)	5,000.00
Childline 1098 (Salary Payable)	74,000.00
Sundry Creditors of CHILDLINE 1098	32,356.00
Bills Payable	6,789.91
Save The Children	65,000.00
Sundry Creditors of SCRC Kupwara	3,07,014.00
Salary Payable (SCRC)	72,200.00
Stipend Payable 2012-13	81,590.00
Rent Payable Central Office	80,000.00
Current Liabilities of SDTT	1,43,800.00
Widow Survey	2,23,804.00
NABARD	82,310.00
Childline 1098 (Surplus)	2,43,835.00
Repayment of amount to SDTT (Due)	2,23,200.00
Total:-	25,52,833.91

DATE :
PLACE: Srinagar

HELP FOUNDATION J&K SRINAGAR, KASHMIR
#50 TULSI BAGH, SRINAGAR KASHMIR

SCHEDULE "D"

Capital Reserve as on 31.03.2013

Particulars	Amount
Capital Reserve	56,00,883.00
Total:-	56,00,883.00



HELP FOUNDATION J&K
50 TULSI BAGH, KASMIR

SCHEDULE "E" OF FIXED ASSETS AS AT 31 MARCH 2013

S.NC	PARTICULARS	OPENING BALANCE	ADDITION	SALE	TOTAL	RATE OF DEP. %	LESS DEP.	CLOSING BAL.
1	Furniture & Fixture	31,944.18	5,350.00	-	37,294.18	10%	3,729.42	33,564.76
2	Motor Vehicle Van	13,673.01	-	-	13,673.01	15%	2,050.95	11,622.06
3	Bicycle	117.24	-	-	117.24	15%	17.59	99.65
4	Voltage Stabilizer C/O	210.54	-	-	210.54	10%	21.05	189.49
5	Voltage Stabilizer Proj. Pragaash	15,516.77	-	-	15,516.77	10%	1,551.68	13,965.09
6	Land	30,49,391.00	-	-	30,49,391.00	0%	-	30,49,391.00
7	Office Computers	4,465.06	-	-	4,465.06	60%	2,679.04	1,786.02
8	Library Books C/O	5,601.80	-	-	5,601.80	60%	3,361.08	2,240.72
9	Library Books Project Pragassh	27,925.12	-	-	27,925.12	60%	16,755.07	11,170.05
10	2 School Buses C/O	3,42,708.02	-	-	3,42,708.02	15%	51,406.20	2,91,301.82
11	2 School Buses Proj. Pragassh	8,00,864.08	-	-	8,00,864.08	15%	1,20,129.61	6,80,734.47
12	Diesel Genset Proj. Pragassh	25,936.38	-	-	25,936.38	15%	3,890.46	22,045.92
13	Computers Proj. Pragassh	10,779.36	-	-	10,779.36	60%	6,467.62	4,311.74
14	School Building at Khumriyal	28,79,859.41	31,521.00	-	29,11,380.41	10%	2,91,138.04	26,20,242.37
15	School Building at Mawa Handwara	4,35,650.40	-	-	4,35,650.40	10%	43,565.04	3,92,085.36
16	Shehjaar Complex at Inderhama	38,46,286.22	-	-	38,46,286.22	10%	3,84,628.62	34,61,657.60
17	Furniture & Fixture of Proj. Pragassh	59,928.82	-	-	59,928.82	10%	5,992.88	53,935.94
18	Computers of childline	12,600.00	-	-	12,600.00	60%	7,560.00	5,040.00
19	Furniture & Fixture of childline	17,100.00	-	-	17,100.00	10%	1,710.00	15,390.00
20	Bedding for SCRC Kupwara	-	28000.00	-	28,000.00	10%	2,800.00	25,200.00
21	Computer & Ass.	-	80990.00	-	80,990.00	60%	48,594.00	32,396.00
22	Cooking Range	-	35537.00	-	35,537.00	15%	5,330.55	30,206.45
23	Fittings	-	123279.00	-	1,23,279.00	10%	12,327.90	1,10,951.10
24	Furniture & Fixture	-	201638.00	-	2,01,638.00	10%	20,163.80	1,81,474.20
25	Gen Set	-	310000.00	-	3,10,000.00	15%	46,500.00	2,63,500.00
26	Transformer 20kva	-	40000.00	-	40,000.00	15%	6,000.00	34,000.00
27	Balance Scale	-	3200.00	-	3,200.00	15%	480.00	2,720.00
28	Furniture & Fixture for MWNC	-	47,534.00	-	47,534.00	10%	4,753.40	42,780.60
29	Gyser for Maryam Wellness Center	-	9,728.00	-	9,728.00	15%	1,459.20	8,268.80
30	Furniture & Fixture for Home	-	6,527.00	-	6,527.00	10%	652.70	5,874.30
31	Furniture & Fixture School	-	78,860.00	-	78,860.00	10%	7,886.00	70,974.00
32	Cost of Bus (School)	-	19,48,336.00	-	19,48,336.00	8%	1,55,866.88	17,92,469.12
TOTAL :-		1,15,80,557.41	29,50,500.00	-	1,45,31,057.41	8%	12,59,468.78	1,32,71,588.63

[Signature]


HELP FOUNDATION J&K
50 TULSI BAGH ,KASMIR
Schedule "F"

Cash & Bank Balances as on 31-03-2013

Particulars	Amount
Cash Balances	
1 Cash at Central Office	26,160.00
2 Cash at Kupwara Office	306.00
3 Cash at Childline	2,143.00
4 Cash at Save the Children	25.00
5 Cash at SCRC Kupwara	-
6 Cash at S.D.T.T	1,844.00
Total:- (A)	30,478.00
With Scheduled Banks	
1 JKB R.R SB-27687	20,593.00
2 JKB R.R SB-57172	2,10,787.40
3 JKB R.R CD-6228	8,61,084.07
4 JKB Khanyar SB-15877	46,624.63
5 JKB Khanyar SB-19904	1,83,339.11
6 JKB Khanyar CD-2465	7,938.40
7 JKB Barzulla SB-13260	1,08,199.00
8 JKB Gandhi Nagar SB-21287	2,710.80
9 JKB Lal Mandi SB-13064	33,954.22
10 JKB Kupwara SB-30926	7,705.00
11 JKB New Delhi SB-429	69,776.74
12 JKB Solina SB-11050	1,34,979.60
13 JKB Solina SB-11362	86,539.00
14 JKB Solina SB-10236	46,612.00
15 JKB Res. Road SB-51742	1,44,722.80
16 JKB KUPWARA SB-35811	45,923.00
17 JKB KUPWARA SB-30299	7,676.00
Total:- (B)	20,19,164.77
Grand Total A+B	20,49,642.77



**HELP FOUNDATION J&K
50 TULSI BAGH ,KASHMIR**

SCHEDULE "G"

Term Deposits as on 31.03.2013

Particulars	Amount
Pledged to J&K Bank Khanyar for security of locker	6,559.85
Total:-	6,559.85

**HELP FOUNDATION J&K
50 TULSI BAGH ,KASHMIR**

Schedule "H"

Imprest Balance Against Staff/Trustees as on 31-03-2013

S.No	Particulars	Amount
1	Aftab Ahmad	1,702.00
2	Hakeem Javid	5,301.00
3	Nazir Ahmad Dar	110.00
4	Sameer Ahmad	179.00
TOTAL:-		7,292.00



HELP FOUNDATION J & K

#50 TULSI BAGH SRINAGAR KASHMIR

SCHEDULE "I"

Loans & Advances as on 31-03-2013

S.NO	PARTICULARS	Opening Bal.	Fresh Adv.	TOTAL	Recovery	Closing Bal.
1	Mr. Hakeem Javed	3,500.00	-	3,500.00	3,000.00	500.00
2	Mr. Sheikh Omer A.O	-	40,000.00	40,000.00	40,000.00	-
3	Mr. Mushtaq Ahmad Care Taker	4,700.00	-	4,700.00	4,500.00	200.00
4	Ab. Qayoom Asstt. Warden	7,405.00	9,000.00	16,405.00	10,500.00	5,905.00
5	Ms. Gulshan Bano Kathidarwaza	3,500.00	-	3,500.00	3,500.00	-
6	Miss. Irfana Khanyar	-	4,000.00	4,000.00	1,000.00	3,000.00
7	Nazir Ahmad Driver	-	6,000.00	6,000.00	6,000.00	-
8	Mr. Tahmeed P.C Project Pragaash	18,662.00	-	18,662.00	18,662.00	-
9	Ajjaz Ahmad	1,000.00	-	1,000.00	1,000.00	-
10	Saleema Ji	-	1,000.00	1,000.00	1,000.00	-
11	Reyaz Amin Qurashi	14,000.00	-	14,000.00	2,000.00	12,000.00
12	Mohd Ramzaan	-	8,000.00	8,000.00	8,000.00	-
13	Muneer (Office Boy)	-	1,000.00	1,000.00	1,000.00	-
TOTAL :-		52,767.00	69,000.00	1,21,767.00	1,00,162.00	21,605.00

DATE :

PLACE: Srinagar



HELP FOUNDATION

#50 TULSI BAGH SRINAGAR KASHMIR

SCHEDULE "J"

Rehabilitation Loans as on 31-03-2013

S.No	PARTICULARS	Opening Bal.	Fresh Adv.	TOTAL	Recovery	Closing Bal.
1	Noor Mohammad Bhat	5,000.00	-	5,000.00	5,000.00	-
2	Mst. Zeeba Nishat	6,100.00	-	6,100.00	6,100.00	-
3	Mst. Saleema from Bandipora	2,800.00	-	2,800.00	2,100.00	700.00
4	Mst. Mehbooba R/O Kathi Darwaza	1,500.00	-	1,500.00	1,500.00	-
5	Mst. Haleema From Handwara	4,000.00	-	4,000.00	3,800.00	200.00
TOTAL :-		19,400.00	-	19,400.00	18,500.00	900.00



HELP FOUNDATION

#50 TULSI BAGH SRINAGAR KASHMIR

SCHEDULE "K"

Educational Loan as on 31-03-2013

S.NO	PARTICULARS	Opening Bal.	Fresh Adv.	TOTAL	Recovery	Closing Bal.
1	Miss Sakeenul Islam	21,000.00	-	21,000.00	-	21,000.00
2	Innayyat Ashraf Makdooimi	7,333.00	-	7,333.00	6,000.00	1,333.00
3	Mr. Baba Murad	1,79,010.00	-	1,79,010.00	-	1,79,010.00
4	Mr. Tahir Aslam Bhat	2,500.00	-	2,500.00	2,000.00	500.00
5	Mr. Irfan Nazir wani	1,14,200.00	-	1,14,200.00	1,800.00	1,12,400.00
6	Mr. M. Shafi Sheikh	9,125.00	-	9,125.00	9,000.00	125.00
7	Mr. Muneer Ahmad	27,500.00	-	27,500.00	-	27,500.00
8	Mr. Farooq Ahmad Bhat	4,000.00	-	4,000.00	-	4,000.00
9	Mr. Fayaz Ahmad Sheikh	20,000.00	-	20,000.00	-	20,000.00
10	Mr. Bilal Ahmad Ganai	10,000.00	-	10,000.00	-	10,000.00
11	Miss Farhana Ali	4,600.00	-	4,600.00	4,600.00	-
12	Musrat Gulzar	15,000.00	-	15,000.00	-	15,000.00
13	Mohd Rafiq	-	18,000.00	18,000.00	-	18,000.00
14	Iqbal Ahmad Rather	-	20,000.00	20,000.00	-	20,000.00
TOTAL :-		4,14,268.00	38,000.00	4,52,268.00	23,400.00	4,28,868.00



HELP FOUNDATION
#50 TULSI BAGH, SRINAGAR KASHMIR

SCHEDULE "L"

Receivables out of Projects as on 31-03-2013

PARTICULARS

Amount Recivable from Childline India	4,08,813.00
Amount Recivable from SEWA	3,47,832.40
Amount Recivable from IPAP	26,325.00

TOTAL :-

7,82,970.40



CERTIFICATE

I/We have audited the account of HELP FOUNDATION (J&K) SRINAGAR-190008 having registration number 2905-S OF 1997, for the year ending 31st March, 2013 and examined all relevant books and vouchers and certify that according to the audited account :

- (i) The brought forward foreign contribution at the beginning of the year was **Rs. 15,04,719.00**
(Rupees Fifteen Lakh Four Thousand Seven Hundred & Nineteen Only)
- (ii) Foreign contribution of worth **Rs. 22,24,180.29** (**Rupees Twenty Two Lakh Twenty Four Thousand One Hundred Eighty & Twenty Nine Paisa Only**) was received by the association during the year 2012-13.
- (iii) The balance of unutilized foreign contribution with the association at the end year **2012-13** was **Rs. 8,61,084.07** (**Rupees Eight Lakh Sixty One Thousand Eighty Four & seven Paisa Only**)
- (iv) Certified that the association has maintained the account of foreign contribution and records relating thereto in the manner specified in section 13 of the Foreign Contribution (Regulation) Act, 1976 read with sub-rule (1) of rule 8 of the Foreign Contribution (Regulation) Rules, 1976.
- (v) The information furnished in this certificate and in the enclosed balance-sheet and statement of receipt and payment is correct as checked by me/us.

For B I S M A J & CO.

Chartered Accountants

F. R. No. 002489N

CA Mohd Iqbal Untoo

(Partner)

Place: Srinagar

Date: **19.12.2013**



FORM FC-3

[See rule 4(a)]

Account of Foreign Contribution of the year ending on 31st March, **2013**

1. Association's details

(i) Name and address (in capital letters)
Registered Office
Working Office

HELP FOUNDATION (J&K)
16A GOGJI BAGH SRINAGAR
50 TULSI BAGH SRINAGAR

(ii) Registration number and date

152750014

(iii) Prior permission number and date, if not registered

(iv) Nature of association

N.A

(1)	Cultural	N.A
(2)	Economic	N.A
(3)	Educational	N.A
(4)	Religious	N.A
(5)	Social	✓
(a)	Hindu	N.A
(b)	Sikh	N.A
(c)	Muslim	N.A
(d)	Christian	N.A
(e)	Buddhist	N.A
(f)	Others	

(v) Denomination in case of religious associations

1A (i) Total amount of Foreign contribution received during the year:- **2012-13**

1. **Foreign Currency** (i) 3400\$

2. **Individual (INR)** Rs. 1,99,966.29

3. **Institutional (INR)**

- (i) Muslim Aid Rs. 1,86,932.00
- (ii) Save the Children Rs. 10,93,425.00
- (iii) ICNA Canada Rs. 5,61,447.00

(ii) Interest earned on the foreign contribution during the year: NIL

(a) In the designated Bank Account:- J&K BANK Ltd. CD 6228, Residency Road Sgr.

(b) On investment made (Fixed Deposit Receipt etc.) during the year or in the preceding years: NIL



2. Purpose(s) for which foreign contribution has been received and utilised :

Sl. No.	Purpose	Previous		As first recipient		Receipt during the year		(in Rupees)
		In cash (3)	In kind (value) (4)	In cash (5)	In kind (value) (6)	In cash (7)	In kind (value) (8)	
(1)	(2)							
1.	Theatre/films, etc.							
2.	Maintenance of places of historical and cultural importance.							
3.	Agricultural activities.							
4.	Animal husbandry.							
5.	Rural Development.							
6.	(a) Construction /extension; (b) Repair/ maintenance of school/ college buildings.							
7.	(a) Construction/ extension; (b) Repair/ maintenance of other buildings (please specify).			NIL				
8.	Research.							
9.	Stipend/scholarship.							
10.	Educational/Literacy programme.							
11.	Vocational/technical training.							
12.	Seminars/conferences/meetings.							
13.	(a) Construction/extension ; (b) Repair/maintenance of places worship			NIL				
14.	Publication of religious literature.							
15.	Education of priests and preachers.							
16.	Religious functions.							
17.	Care of orphans.							
18.	Help for poor, aged and destitutes							
19.	Health care and family welfare.							
20.	Welfare of the scheduled castes.							
21.	Welfare of the scheduled tribes.							
22.	Welfare of other backward classes.							
23.	Relief for natural calamities.							
24.	Welfare of women and children.							
25.	Environmental programme.							



 MINISTRY OF EXTERNAL AFFAIRS
 GOVERNMENT OF INDIA
 NEW DELHI

24.	Welfare of women and children.					
25.	Environmental programme.					
26.	Establishment expenses.					
27.	Activities other than those mentioned above (with specific details).					
	Total					

**Annexure
Attached**

3. Name and address of the designated branch of the bank and account number (as specified in the application for registration/prior permission or permitted by the Central Government).

Account No. **CD 6228**

Bank : **J&K Bank Ltd.**

Branch : Residency Road Sgr.

Address : Residency Road Sgr.
PIN 190001

4. Donor-wise receipts of foreign contribution : **2012-13**

Sl. No.	Institutional/individual/ other donors	Name(s) and address(es)	Purpose(s)	Date and month of receipt	Amount
(1)	(2)	(3)	(4)	(5)	(6)
	(i) Institutional donors :				
	(ii) Save The Children Org.	MUSLIM AID LONDON	Food & Programme & Relief to needy persons		1,86,932.00
	(iii) ICNA Canada		Improvement of Child Protection Mechanism		10,93,425.00
	(ii) Individual donors above rupees one lakh:		Educational Assistants to Orphans/Poor Children, Scholarship for higher education running of orphanage & Health Care for needy & destitute people & Kubani.		5,61,447.00
	(iii) Individual donors below rupees one lakh (only columns 4 and 6 need to be filled)				1,99,966.29



	Total				20,41,770.29
--	--------------	--	--	--	--------------

5. Countrywise receipts of foreign contribution :

Sl. No.	Name of the country	Amount
(1)	(2)	(3)
	USA	3400\$
	Total	3400\$

Declaration

I hereby declare that the above particulars furnished by me are true and correct. I also affirm that the foreign contribution has been utilised for the purpose(s) for which the association has been registered/prior permission obtained. To the best of my knowledge, I have not concealed or suppressed any fact.

Place : Srinagar
Date :

Signature of the Chief Functionary

(Name of the Chief Functionary and the Seal of the association).



ANNEXURE I

2. Purpose(s) which foreign contribution has been received and utilized

RECEIPTS DURING THE YEAR 2012-13

S.No.	Purpose	Previous Balance			At first Recipient			At Second Recipient			Utilization			Balance		
		In Cash (1)	In Kind	Total	Cash (2)	Kind	Total	Cash (3)	Kind	Total	Cash	Kind	Total	Cash	Kind	Total
1.	Muslim Aid London A. Food Aid Programme & Relief to the needy person	0.00	0.00	0.00	186932	0.00	186932	0.00	0.00	0.00	186932	0.00	186932	0.00	0.00	0.00
2.	SAVE THE CHILDREN Improvement of Child protection mechanism under activity title IPAP	2670	0.00	0.00	1093425	0.00	1096095	0.00	0.00	0.00	1096095	0.00	1096095	0.00	0.00	0.00
3.	ICNA Canada Sponsorship of Hundred Childrens Food feeding Fasting	1217700	0.00	0.00	561447	0.00	1779147	0.00	0.00	0.00	0.00	0.00	1779147	1354950	0.00	424197

